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Janet Holmes Director

Angela DaPonte Assistant Director

**Betsy Sowin** Office Assistant

**Paul Anderson Bus Drivers** 

Phil Ferreira Maintenance

Nanci Lambert Dining Supervisor

Norma Gossic Volunteer Extraordinaire

**Manny Fontes** Maintenance Emeritus



## **The Tiverton Senior Center**

207 Canonicus Street Tiverton, RI 02878 Telephone: 401-625-6790 Email: seniorcenter@tiverton.ri.gov

# February 2025



The Center will be closed on Monday, February 17th for Presidents' Day

Exceptional Cityscapes: Thursday, February 6th @ 10:15



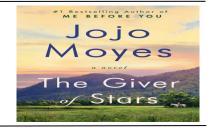
**Art For Your Mind** is an engaging, educational, art observation expe-For Your Mind rience designed to broaden the minds of its participants. Presentations are for people of all backgrounds – artists and non-artists alike. The featured topic, *Exceptional Cityscapes*, explores a selection of urban

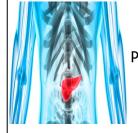


paintings focusing on unique ways artists have portrayed cities over time. Learn about interesting and surprising decisions that go into the creation of these images-from Europe and America-both representational and abstract. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways.

BOOK GROUP— Tuesday, February 18th at 10:15 a.m.

Featuring Jojo Moyes' "The Giver of Stars" Large print books available in office-All are welcome to join this free & fun group





Monday, February 10th at 10:00 a.m.: URI Pharmaceutical Outreach **Program** presents: **Pancreatic Enzymes:** Learn about the function of our pancreas and the role its enzymes play in our digestive process. There are many different prescription products containing these enzymes but cost may be a concern as there no generic equivalents available on the market. Learn about these products and some helpful tips for best price choices.

## Valentine's Day Party~ Friday, February 14th~

Come bring your sweetheart or find a new one! Immediately after lunch until 3:00 p.m.

\$3 (Lunch) + \$2 (Party) = a (\$5) fun afternoon! Sign up in office~ (Line) Dance the afternoon away! Kenny Marrocco will be providing the music!

Be sure to wear your dancing shoes!

Happy Valentine

Jewelry Making Class with Jewelry Designer Sylvia Delaney Friday, February 28th from 1:00 to 3:00 p.m. Come create your own original jewel! Material and tools will be provided. Cost: \$15 per person; sign up in the office

#### **ACTIVITIES AT A GLANCE**

TOPS – Monday at 9:00 a.m. in Game Room

Learn Ukulele with Otis-Mondays, 1:00—2:00 p.m.

Functional Fitness with Deb—Mondays & Wednesdays at 9:00 a.m.

Quilting for Charity meets every Monday at 10:00 am-3:00 pm

Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3:00 p.m.

Chair Yoga with Shirley—Tuesdays at 9:00 a.m. Class fee is \$3 per class.

Drums Alive! with Jessica-Tuesdays at 12:45 p.m. Class fee is \$3 per class.

Painting with Shawndavid Tuesdays 2:00-3:30 pm \$25 for 6-week session

Book Club Tuesday, February 18th at 10:15 a.m. "The Giver of Stars"

Mah Jongg- Tuesdays and Fridays, 10:00 a.m.-3:00 p.m.

Cribbage & CRAFTNG With LYNN Wednesdays: 12:30-3:00 p.m.

Chorus – Wednesdays at 12:30 p.m. in the Lounge; Live Music-Dining Room

Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3/members

**CENTER MEETING** will be held on **Thursday**, February 20th at 10:15 a.m.

BINGO-Thursdays, Feb. 6th 13th 20th & 27th 1:00-3:00 PM Start Promptly at 1:00

Knitting for Charity-Thursdays at 1:00-3:00 p.m.

**Zumba** with Jessica—**Fridays** at 9:00 a.m. Fee is \$3.00 per class (new time)

Line Dancing with JoAnn—Most Fridays after lunch: 12:45 p.m. Free & FUN!



Thursdays @ 1:00 SHARP Feb. 6th 13th 20th 27th

#### **CENTER MEETING**

Thursday, Feb. 20th at 10:15 a.m.



OUR OWN
PIANO MAN,
Sandy Cook-

TECH TIME with Kristin!-Second Thursday
of the month - February 13th at 10:00 a.m. Kristin Amaral,
Technology Coordinator from the Tiverton Public Library will help
with all your technical issues, especially smart phones!

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#### **CAREGIVER SUPPORT GROUP**

Caregiver Support Group will meet on (new day) Mondays, February 10th and 24th at 2:30 p.m. Facilitator: Janet Grapentine

Wednesdays, 12:30-3:00 p.m. Be sure to wear your dancing shoes!

Hap

**Terri Gomes from Visiting Nurse Home & Hospice will be** providing blood pressure checks on Thursday, February 20th from 10:00-11:30 a.m.; sign up in the office

Thank YOU to
ALL our generous
& WONDERFUL
Volunteers~ You
are the HEART of
the Tiverton
Senior Center

# FEBRUARY 2025

Jacqueline Brodeur 01 Kim Mercier 02 Gertrude Reed 03 Sandra Jannitto 05 Mary Monahan 05 **Beverly Ferreira** 80 **Bob Bonoan** 09 Jeanie Mathews 12 **Shirley Moller** 13 Louis Riquelme 13 **Muriel Gamache** 14 **Boss Lady** 15

Carol Durkin 16 16 Lynn Raposa **Phyllis Burgess** 16 Tracey Lambert 16 Linda Kalinoski 17 Ken McGovern 17 **Grace Camara** 18 18 Deanna Fijak **Gerry Buchanan** 24 25 Charles Critchley Jeanne Travers 26 **Peg Curro** 26 Marge Fuller 27 **Dennis Morris** 28

Welcome Back Paul! Our bus service for Tiverton seniors is on Tuesdays, Wednesdays and Thursdays. (Later start of Thursdays for folks to attend BINGO). Please call 401-625-6790 to reserve your spot. Bus trips are not individualized. Shopping bags are limited to four bags per person.

